



# Fitness, Fun & Facials in Sandyford

#spendinsandyford



## **BE FIT FOR LIFE**

70 Heather Road,  
Sandyford Business Park, Dublin 18, D18 H7K7

**T +353 1 2176518**

**[www.befitforlife.ie](http://www.befitforlife.ie)**

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## **BEACON FACE & DERMATOLOGY**

Beacon Court,  
Sandyford Business Park, Dublin 18, D18 T8P3

**T +353 1 2136220**

**[www.beaconfaceanddermatology.ie](http://www.beaconfaceanddermatology.ie)**

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## **BODY BALANCE THERAPY**

Blackthorn Avenue,  
Sandyford Business Park, Dublin 18

**T (+353) 086 1959015**

**[www.bodybalancetherapy.ie](http://www.bodybalancetherapy.ie)**

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## **BRAZILIA SALON LTD**

Blackthorn Avenue,  
Sandyford Business Park, Dublin 18, D18 F9W2

**T +353 1 2934858**

**[www.brazilia.ie](http://www.brazilia.ie)**

## **CHAPTER2FITNESS**

61D Heather Road,  
Sandyford Business Park, Dublin 18, D18 PD62

**T (+353) 086 1933186**  
**[www.chapter2fitness.ie](http://www.chapter2fitness.ie)**

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## **CLEARSKIN & LASER CLINIC LTD**

Beacon South Quarter,  
Sandyford Business Park, Dublin 18, D18 XE95

**T +353 1 2939148**  
**[www.clearskin.ie](http://www.clearskin.ie)**

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## **CROSSFIT GREEN**

Unit T13 Maple Avenue,  
Stillorgan Business Park, Co Dublin, A94 CD42

**T +353 1 2938855**  
**[www.crossfitgreen.com](http://www.crossfitgreen.com)**

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## **CROSSFIT IRELAND**

T27 Rowan Avenue,  
Stillorgan Business Park, Co Dublin, A94 XE37

**T +353 1 2063669**  
**[www.crossfitireland.ie](http://www.crossfitireland.ie)**

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## **CROSSFIT SANDYFORD**

18 Three Rock Road,  
Sandyford Business Park, Dublin 18, D18 N9P6

**T +353 1 2063669**  
**[www.crossfitsandyford.ie](http://www.crossfitsandyford.ie)**

## **FitWithin**

Unit 3D Three Rock Road,  
Sandyford Business Park, Dublin 18

**T** +353 1 2063669 **E** hello@FitWithin.ie **www.fitwithin.ie**

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## **F45 TRAINING**

Beacon South Quarter,  
Sandyford Business Park, Dublin 18

**T** +353 1 4432353  
**www.f45training.ie**

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## **HEADON BOXING ACADEMY**

Unit 11, 61D Heather Road, Sandyford Business Park,  
Dublin 18

**T** (+353) 86 4403015  
**www.headonboxing.ie**

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## **JANZ GYMNASTICS CLUB**

Unit A4 Three Rock Road,  
Sandyford Business Park, Dublin 18, D18 NW93

**T** +353 1 2973373  
**www.janzgymnasticsclub.clubeo.com**

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## **JUMPZONE**

71-73 Heather Road,  
Sandyford Business Park, Dublin 18, D18 XE70

**T** +353 1 2939356  
**www.jumpzone.ie**

## **MOTIVATION WEIGHT MANAGEMENT**

Suite 36, Beacon Medical Mall,  
Sandyford Business Park, Dublin 18, D18 T8P3

**T +353 1 2938020**  
**[www.motivation.ie](http://www.motivation.ie)**

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## **NAOMH OLAF GAA CLUB**

Holly Ave, Stillorgan Business Park,  
Sandyford Business District, A94 PF75

**[www.naomholaf.ie](http://www.naomholaf.ie)**

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## **ORIGIN FITNESS**

31 Spruce Avenue,  
Stillorgan Business Park, Co Dublin, A94 H2T0

**T (+353) 085 7254283**  
**[www.originfitness.ie](http://www.originfitness.ie)**

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## **PETIT VOLANT**

66D Heather Road, Sandyford Business Park,  
Sandyford Business District, Dublin 18 ,D18W407

**T (+353) 085 8628339**  
**[www.petitvolant.com](http://www.petitvolant.com)**

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## **QUEEN, HAIR & AESTHETICS**

Unit 3 Block F, Central Park, Leopardstown, Dublin 18,  
D18DW20

**T +353 1 2118445**  
**[www.queen.ie](http://www.queen.ie)**

## **RAW GYMS**

2 Burton Hall Road,  
Sandyford Business Park, Dublin 18, D18 W860

**T +353 1 6574691**

**[www.rawgyms.com](http://www.rawgyms.com)**

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## **SILKE, HAIR & BEAUTY SALON**

The Plaza, Beacon South Quarter,  
Sandyford Business Park, D18 VA43

**T +353 1 5495996**

**[www.silkehairandbeauty.com](http://www.silkehairandbeauty.com)**

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## **SIMPLY BEAUTY - Central Park**

Unit 6, Central Park (Central Park Luas Stop),  
Leopardstown, Sandyford Business Park, D18.

**T +353 1 5980641**

**[www.simplybeauty.ie](http://www.simplybeauty.ie)**

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## **SNIPS, MEDICAL WIG SPECIALISTS**

Suite 5, The Avenue, First Floor, Beacon Court,  
Sandyford Business District, D18 AK68

**T +353 1 8733443**

**[www.snipswigs.ie](http://www.snipswigs.ie)**

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## **SOUTHSIDE STRENGTH GYM**

Unit 22 Spruce Avenue,  
Stillorgan Business Park, Blackrock, Co Dublin

**T (+353) 085 1903214**

**[www.southsidegym.ie](http://www.southsidegym.ie)**

## **THE BEACON BARBER**

Block A5, Unit 4, The Plaza,  
Beacon South Quarter, Dublin 18, D18 X7W9

**T (+353) 085 185 5313**  
**[www.shannonfms.ie](http://www.shannonfms.ie)**

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## **THE WALL CLIMBING GYM**

5 Arkle Road,  
Sandyford Business Park, Dublin 18, D18 DK29

**T +353 1 2970442**  
**[www.thewall.ie](http://www.thewall.ie)**

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## **WEST WOOD CLUB Ltd**

Leopardstown Racecourse, Dublin 18, D18 C9V6

**T +353 1 2893208**  
**[www.westwood.ie](http://www.westwood.ie)**

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## **WOMEN'S FITNESS SANDYFORD**

7 Holly Avenue, Stillorgan Business Park, Sandyford, Dublin 18

**T +353 01 267 8111**  
**[www.womensfitnessdublin.ie](http://www.womensfitnessdublin.ie)**

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## **ZERO LATENCY**

21 Maple Avenue, Stillorgan Business Park,  
Sandyford Business District, A94 N6V9

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